



***“In giving birth to our babies, we may find that we give birth to new possibilities within ourselves.”***

***– Myla Kabat-Zinn***

The Aminata Maternal Foundation wants to take a moment to let you know how much we appreciate you, and your continued support moving into 2023 and beyond. Your help truly does make an amazing difference for so many vulnerable mothers in need.

The past year has been a great success for the foundation because of your support and partnership. Your kind donations have helped us make meaningful changes to the lives of so many women & babies in Sierra Leone.

**You are making change happen!**



With your help we will continue our mission to change and improve the lives of many mothers and babies. By providing support and building confidence, we will ensure a safe beginning on their journey through motherhood.

We wish you all the best in 2023. May it be filled with joy, laughter, love and positive energy.

Here's to a New Year full of hope and possibilities.

**Your help changes lives!**



[Donate now](#)

*With deepest gratitude,*

**Aminata Conteh-Biger**  
Chief Executive Officer  
Aminata Maternal Foundation



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